



## WAIVER AND RELEASE OF LIABILITY

In agreeing to participate in fitness training with ADRENALINE SPORTS USA, Inc. I agree as follows:

I hereby acknowledge that the fitness conditioning for which I will be participating in is very strenuous and maybe beyond the capability of some people. I fully acknowledge and understand that there is an inherent danger and that the risks of participation include, but are not limited to, minor, severe or permanent injury, falls, cuts, sprains and broken bones. I have made my own determination as to whether or not I am able to safely participate in such fitness conditioning. I recognize that ADRENALINE SPORTS USA, Inc. has not evaluated my ability to participate in such fitness conditioning. I also recognize that advice dispensed through ADRENALINE SPORTS USA, Inc. may not be appropriate for me, and it is my responsibility to make that determination.

I acknowledge that this unique form of fitness conditioning will be an extreme test of a person's physical and mental limits and carries with it, regardless of physical fitness or experience, the potential for serious injury. I hereby assume the risks of participation in such training and certify that my level of physical fitness is appropriate to participate in the fitness conditioning, which I am voluntarily undertaking. I certify that I have not been advised against participation in such activity by a qualified health care professional.

I, on behalf of myself, my personal representatives, guardians or heirs, hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify ADRENALINE SPORTS USA, Inc. and its representatives from any and all claims, actions or losses for bodily injury, wrongful death or otherwise which may arise out of my participation in the program. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the representatives of ADRENALINE SPORTS USA, Inc..

I HAVE READ THE ABOVE WAIVER AND RELEASE AND BY SIGNING IT AGREE. IT IS MY INTENTION TO EXEMPT AND RELIEVE ADRENALINE SPORTS USA, Inc. FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

Participants name (Print) \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Phone# \_\_\_\_\_

Signature (Parent or guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_ Email address \_\_\_\_\_